

GLOBAL UNION OF SCIENTISTS FOR PEACE

2000 Capital Boulevard, Fairfield, IA 52556 USA • +1-641-418-3400 • media@GUSP.org In India: Mr. Dinesh Singh • HEAL Health Connect • Mb: +91-9811946701 • dinesh@healfoundation.in Ms. Chhavi Auplish Chopra • HEAL Health Connect • Mb: +91-8130840764 • ca@hhconnect.in

The Assembly of 10,000 for World Peace

Historic Assembly to Showcase Proven Peace-Creating Technologies of Consciousness

10,000 Experts from 119 Nations Gathering 29 December to 13 January near Hyderabad, India

New Delhi (11 December 2023). For Immediate Release.

Ten thousand experts are gathering in India to showcase proven peacecreating technologies of consciousness.

The experts are coming from 119 countries at their own expense. They are of all ages and come from all walks of life, cultures, and religions.

The Assembly is being held from 29 December 2023 to 13 January 2024 at Kanha Shanti Vanam near Hyderabad, India.

Extensive scientific research has found that these technologies of consciousness create a measurable influence of peace throughout society.

The Assembly will inaugurate an initiative to establish a permanent peace-creating group of 10,000 for the entire world that can create world peace and make it permanent.

What Are These Peace-Creating Technologies of Consciousness?

The 10,000 experts assembling near Hyderabad are trained in specific advanced technologies of consciousness. These technologies are the Transcendental Meditation (TM) and TM-Sidhi Program, as brought to light by Maharishi Mahesh Yogi.

India's Ancient Vedic Science Proved by the Latest Modern Science

These technologies were derived by Maharishi directly from the ancient Vedic science of India. Maharishi was a world-renowned scientist of consciousness. From 1958 until 2008, Maharishi taught throughout the world. Today, not-for-profit organizations in more than 100 countries offer authorized training in these powerful technologies of consciousness, which have been thoroughly validated by modern scientific research.

Is the Assembly of 10,000 Just Another Peace Demonstration?

The Assembly of 10,000 for World Peace is not just another call for peace by well-intentioned people, nor is it a forum for meetings and discussions. The Assembly will focus entirely on the actual practice of proven technologies of consciousness to radiate a measurable coherencecreating influence of peace throughout our troubled world.

What Is the Evidence that These Technologies Work?

For the Individual: During the last five decades, more than 750 empirical studies have been conducted at over 200 universities and research institutions in about 100 countries. These studies, many published in peer-reviewed scholarly journals, have confirmed the

comprehensive beneficial effects of these technologies of consciousness for the physical and mental health of the individual, including reductions in the negative effects of trauma and stress. Ongoing studies in the USA, some funded in part by agencies of the US government (the National Institutes of Health and the US Department of Defense), show significant reductions in post-traumatic stress disorder (PTSD), anxiety, depression, and cardiovascular risk factors. Other studies have shown marked improvements in performance, creativity, heart health, longevity, and self-actualization. These changes largely result from increased coherence in brain activity. This normalizes overall physical and mental functioning and promotes peak physiological and mental performance.

For the World: Since the mid-1970s, fifty-four empirical studies, published in leading peer-reviewed scholarly journals or professional conference proceedings, have found that groups of experts practicing these technologies of consciousness together in one place radiate a powerful influence of coherence in the entire surrounding society. Findings include significant reductions in violence, crime, accidents, sickness, terrorism, and war. This effect was named by scientists "the Maharishi Effect" because Maharishi predicted it in 1962. (See this link for a summary of the top ten Maharishi Effect studies: https://www.gusp.org/media-materials/.)

After reviewing the research findings on the Maharishi Effect, the Australian government has officially recognized these technologies for crime prevention, and the foundation in Australia overseeing them has the official government status of "Advancing the Security or Safety of Australia or the Australian Public."

Why Are the 10,000 Experts Gathering Now in Hyderabad?

Conflict and war are growing alarmingly. More conflict will certainly not end war, and diplomacy is not working well. There is an urgent need now for a radically new approach.

An Open Letter to President Biden and All World Leaders

An open letter to President Biden and all world leaders was recently published as a full-page advertisement in the Wall Street Journal. (See this link: https://www.gusp.org/media-materials/.) The letter explained that a coherence-creating group of experts in these technologies of consciousness of sufficient size to prevent war and conflict (as few as 10,000 experts in one place for the entire world's population) can be established immediately and permanently at less cost than one day of war.

Available for Interviews

• Tony Nader, MD, PhD, neuroscientist, world-renowned authority in the field of consciousness studies, and a globally recognized Vedic scholar. Dr. Nader was trained at Harvard and the Massachusetts Institute of Technology. As the successor to Maharishi, Dr. Nader leads the TM organizations worldwide. He is also chairman of the Global Union of Scientists for Peace.

• John Hagelin, PhD, professor of physics, president of Maharishi International University, and president of the Global Union of Scientists for Peace.

• Ashley Deans, PhD, professor of physics and executive vice president, Global Union of Scientists for Peace.

• Fred Travis, PhD, director of the Center for Brain, Consciousness, and Cognition at Maharishi International University, Fairfield, Iowa, USA.

Complete press kits, including B-roll and still photographs, as well as contact information for interviews, are available upon request.

Contact: media@gusp.org

Contacts in India:

Mr. Dinesh Singh Mb: +91-9811946701 • dinesh@healfoundation.in

Ms. Chhavi Auplish Chopra Mb: +91-8130840764 • ca@hhconnect.in

— ENDS —