



GLOBAL UNION OF SCIENTISTS FOR PEACE

An Open Letter To the President of the United States and All World Leaders Offering a Proven Technology for Peace, Security, and a Swift Resolution of Conflict

Dear Mr. President and world leaders:

At this time, when turbulence and conflict, fear, and rage are spreading in the collective consciousness of the world, well-wishers such as yourselves are looking for resources and intelligence to solve these problems and create peace.

I urge you to consider an **evidence-based, innovative solution** that will immediately dissipate tensions, bring clarity of thinking and behavior, and create a foundation for achieving permanently the highest goals of all nations.

These goals include primarily peace but also the ability to prosper, feel secure, and safeguard the environment to support human survival and thriving on this planet.

The costs of this solution are minimal compared to the budgets projected for fighting and war. Indeed, only a small percentage of the funds requested as aid for Ukraine and Israel would be enough to maintain permanently a group utilizing this approach. Such a group would achieve much more than the goals now envisioned for the use of these funds.

Of the \$105 billion proposed for Ukraine and Israel as budgets for war and destruction, only \$20–\$150 million (depending on where the program would be demonstrated) would bring immediate relief to those countries. The demonstrable outcomes would be a significant improvement in stability, a resolution of conflict, and a vision of possibilities for a future of coexistence and cooperation among the nations involved and on the international level as well.

Once this is achieved on a short-term basis, \$5 billion could be devoted to maintaining and expanding these positive results on a permanent basis. The remaining \$100 billion would be available for whatever construction and aid are desired.

In case there is doubt that the solution I am proposing will work on the collective level, it would still be most helpful in bringing many individuals health, happiness, peace, and well-being — as **confirmed by hundreds of peer-reviewed scientific studies**. Also, the remaining billions of dollars would still be available to use as originally planned, if necessary, to achieve any remaining security goals and economic and political gains.

However, based on extensive previous scientific research with

high statistical significance, I can assure you that the results of what I am proposing will be satisfactory.

We are not asking that these funds be paid directly to us as an organization but rather be used with third-party oversight to train 10,000 people of your choosing in any country. This group will practice morning and evening for about an hour, together in one place, advanced technologies of consciousness — the Transcendental Meditation and TM-Sidhi program brought to light by Maharishi Mahesh Yogi.

These consciousness-based programs have both extensive empirical evidence and a solid theoretical framework. They are not based on intellectual, emotional, or philosophical approaches or on convincing people to act in an evolutionary way. They are not based

on faith, prayer, or seeking esoteric or supernatural support. They are based on the fundamental nature of reality as being consciousness and the ability to access and enliven that consciousness.

Even a few individuals practicing these technologies of consciousness, whatever their beliefs or vocations, have been shown to produce **profound benefits for the general population** — and for themselves as well. With experimentation, we have found the critical number is the square root of 1% of a population. This translates into 9,000 people to benefit the entire world population. We propose a group of 10,000 as a safety factor.

Rather than attempting to destroy enemies and multiply enmity, together we can destroy the enmity in any potential enemy and multiply cooperation for the well-being of all. I know that you and all great

leaders and philanthropists want this as well.

Thank you for considering my proposal. I look forward to hearing from you, Mr. President, and from any interested party who desires peace for our troubled world.

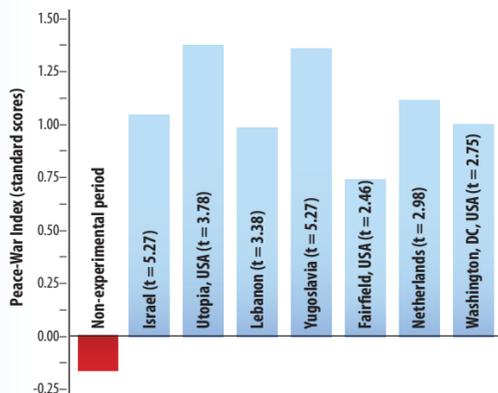
Yours truly,
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A National Demonstration Project conducted in Washington, D.C., from June 7 to July 30, 1993, tested the efficacy of a consciousness-based approach using the Transcendental Meditation and TM-Sidhi program for reducing crime and social stress and improving the effectiveness of government.

In this carefully controlled experiment, the peace-creating group increased from 800 to 4,000 over the two-month period. Soon after the start of the study, violent crime (measured by FBI Uniform Crime Statistics) began decreasing and continued to drop until the end of the experiment (maximum decrease 23.3%), after which it began to rise again. The likelihood that this result could be attributed to chance was less than two parts per billion ($p < .000000002$). The drop in crime could not be attributed to other possible causes, including temperature, precipitation, weekends, and police and community anticrime activities (*Social Indicators Research* 47: 153–201, 1999).

Increased Indicators of Peace and Reductions in Violence in Lebanon



This longitudinal study, conducted during the height of the Lebanon war in 1983–1985, demonstrated that large assemblies of peace-creating experts practicing the TM and TM-Sidhi program together measurably reduced the violence of war and improved progress toward peace. Alternative explanations were explicitly controlled for in the study analysis.

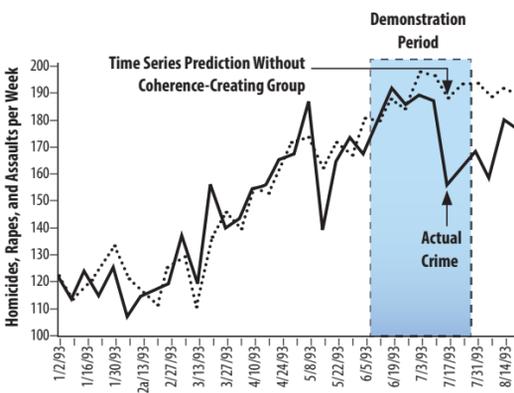
Reference: *Journal of Social Behavior and Personality* 17(1): 285–338, 2005

Key findings: Over the two-year experimental period (1983–1985) during the peak of the Lebanon war at that time,
• war-related fatalities decreased by 71% ($t = -6.45, p < 10^{-10}$)
• war-related injuries fell by 68% ($t = -4.91, p < 10^{-6}$)
• the level of conflict dropped by 48% ($t = -5.81, p < 10^{-8}$)
• cooperation among antagonists increased by 66% ($t = 4.96, p < 10^{-6}$)

Statistical significance:

combined improvement in Peace-War index: $t = 9.03, p < 10^{-19}$

Decreased Crime in Washington DC



This experiment tested the effectiveness of a large group of consciousness-technology experts in reducing crime and social stress and improving the effectiveness of government in Washington DC. Across two months, the group grew from 800 to 4,000; when it crossed the threshold size predicted to create measurable change, crime rates plummeted. Alternative models were carefully controlled for in the study analysis.

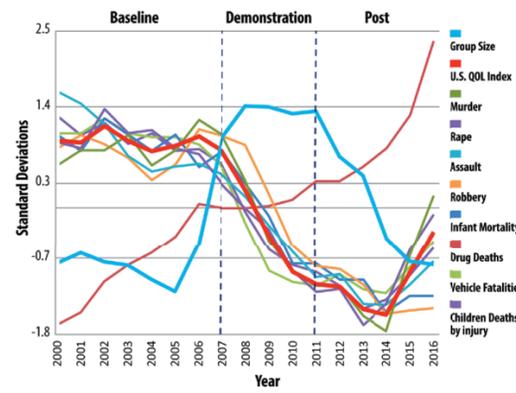
Reference: *Social Indicators Research* 47: 153–201, 1999

Key findings: During the experiment, monitored by a 27-member independent project review board,
• homicides, rapes, and assaults (HRA crimes) in D.C. decreased by 23.3%
• violent crimes overall (including robberies) decreased by 15.6%

Statistical significance:

$p < .000000002$ (HRA crimes) • $p < .00008$ (all violent crimes)

Broad-Based Improvements in US Quality of Life Indices



This 17-year study of a large U.S. group of peace-creating experts confirmed that when the group size reached the necessary threshold, measurable positive changes took place throughout the country across a wide range of societal indicators. These outcomes support the theory that this approach enlivens a field effect of consciousness throughout society, resulting in widespread improvements in quality of life.

Reference: *World Journal of Social Science* 9 (2): 1–38, 2022

Key findings: During the experimental period,
• murders dropped by 16%
• rapes dropped by 6%
• aggravated assaults dropped by 11%
• robberies dropped by 12%
• infant mortality dropped by 11%
• drug-induced deaths dropped by 15%
• vehicle fatalities dropped by 21%
• child and adolescent deaths by injuries dropped by 18%

Statistical significance: composite index improvement: $p < .0001$