



GLOBAL UNION OF SCIENTISTS FOR PEACE

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They Didn't Just Call for Peace: They Demonstrated It



More than 10,000 experts in the Transcendental Meditation and advanced TM-Sidhi programs from 139 countries assembled for two weeks at Kanha Shanti Vanam near Hyderabad, India, to demonstrate the scientifically proven means to create world peace.

Historic Assembly of Proven Peace-Creating Technologies of Consciousness

FOR IMMEDIATE RELEASE

Hyderabad, India (15 January 2024) —

In the largest assembly ever held of experts in the consciousness-based technologies for world peace, more than 10,000 meditators gathered for the first two weeks of 2024 at

Kanha Shanti Vanam outside Hyderabad, India. They spoke scores of different languages; came from all walks of life, cultures, and religions; and travelled thousands of miles at their own expense from 139 different countries to demonstrate these proven peace-creating technologies.

The experts practiced long sessions, morning and evening, of the Transcendental Meditation and advanced TM-Sidhi programs of Maharishi Mahesh Yogi — not to talk about peace but to actually create it. A highlight of the Assembly was a dramatic demonstration of brain-wave coherence using EEG (electroencephalography). Scientists showed how the practice produces immediate coherence in brain functioning in an individual that is then instantaneously and enormously enhanced by the meditation of thousands of practitioners gathered in the same location.

The researchers noted that fifty-four empirical studies published in peer-reviewed journals and professional conference proceedings have already established the power of these consciousness technologies to radiate a powerful influence of coherence and peace throughout society, significantly reducing crime, violence, terrorism, and war and strengthening positive trends even among those who do not practice the technologies. This is called the Maharishi Effect, because Maharishi predicted it more than sixty years ago.

The assembly near Hyderabad inaugurated a global initiative to establish permanent peace-creating groups of 10,000 in countries everywhere to establish world peace and make it perpetual.

Dr. Tony Nader, a Harvard- and MIT-trained neuroscientist and successor to Maharishi as the leader of the worldwide Transcendental Meditation organizations, concluded the Assembly with these words: “I urge all the leaders of the world not to delay. Adopt this powerful knowledge now, create groups just like this Assembly of 10,000, and usher in a bright new era of world prosperity and peace.”

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