



## GLOBAL UNION OF SCIENTISTS FOR PEACE

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### **Sri Madhusudan Sai Honored for Lifetime Achievements, Commitment to GUSP Goal of Establishing a Permanent Global Peace-Creating Group**



On April 3 at Maharishi International University in Fairfield, Iowa, Sri Madhusudan Sai was awarded a Doctor of World Peace *honoris causa* degree for his achievements in service to humanity—and for his recent pledge to support a large, permanent peace-creating group in India, one of the key initiatives and goals of the Global Union of Scientists for Peace.

“It gives us immense joy to honor you for your lifetime of exemplary service to our world family, with the goal of creating a happy, healthy, peaceful, enlightened world,” said John Hagelin, president of MIU

and international director of GUSP, reading from the diploma being presented.

### **Service to the Underserved**

Sri Madhusudan Sai is a world-renowned spiritual leader and philanthropist, known for his global mission of service and spirituality across 33 countries, supporting thousands of underprivileged people through free healthcare, free education, and free nutrition.

He has established high-quality, large-volume hospitals, wellness centers, and mobile hospital services across India and overseas; schools that provide “integral education,” designed to train future leaders; and a Morning Nutrition program that serves free, well-balanced, nutritional breakfasts to 9 million children every morning in India through 106,000 schools—all at no cost to those being served.

To support these programs, he has established the Sai Global Federation of Foundations in 30 countries with the goal of alleviating human suffering and creating new opportunities for those in need. He has now pledged those resources to help support the establishment of a global peace-creating group, as long envisioned by the Global Union of Scientists for Peace.

## Toward Fulfilling the Goal of a Large Peace-Creating Group

From December 29, 2023, to January 13, 2024, under the auspices of the Global Union of Scientists for Peace, more than 10,000 people from 139 countries gathered in Hyderabad, India, to create a global influence of peace and harmony and to demonstrate the power and efficacy of large peace-creating groups to transform societal trends for the better.

Sri Madhusudan Sai visited the [10,000 Assembly](#) while it was under way and was very inspired by what he saw there. As a result, he made a commitment to help establish a permanent peace-creating group of 10–15,000 people collectively practicing Transcendental Meditation and its advanced techniques—the technologies of consciousness at the core of the GUSP [Brain-Based Approach to Peace](#). Such large groups of peace-creating experts have repeatedly been shown to produce [measurable reductions in crime, violence, war and terrorism](#) as well as improvements in quality of life for whole populations.



“It is my most sincere feeling that the need for world peace is being felt now more than ever before,” Sri Madhusudan Sai told the audience at MIU. “And the work being done here so much resonates with the work that we are doing in our organization — to bring both peace within and peace without. Without the inner peace, there is no way to world peace.

“I so appreciate this great effort being put by all of you, and I want to congratulate you for all that you have done. We are more than happy to join you in spreading this work to more parts of the world, where people are taught how to transcend their minds and touch base with their true selves, which is that supreme ocean of consciousness that unites us all as one.

“The moment we realize this, I think that would be the end to all the disharmony, conflict, all the wars and all the discrimination and hatred that still plagues the world. And all of us will work together towards this one common goal of achieving world peace in our lifetime. This is my commitment. This is my promise to us that we shall achieve this.”

## Dr. Tony Nader Expresses His Appreciation



Also present for the ceremony was Dr. Tony Nader, chairman of the Global Union of Scientists for Peace and noted neuroscientist and author.

“Every word you said, every expression, has given me such a sense of assurance that the world is going to be better,” he said in response to Sri Madhusudan Sai’s remarks. “All of us in our heart knew and felt that one day this will happen, that the world will be better and the world is going to be at

peace, because the knowledge is complete and has proven itself to be effective, and the practical technology is there. And it’s my great joy to feel that this *one day* is actually *today*.”

## Presentation of Scientific Research

The following morning Sri Madhusudan Sai met with Dr. Hagelin and other MIU research scientists for a comprehensive presentation on the benefits of the GUSP *Brain-Based Approach to Peace* (a.k.a. the Consciousness-Based Approach to Peace) for the [individual](#) and for [society](#). Key research findings included the following:

- Parallels between the structure of the superstring, as identified in mathematical physics, and the structure of human consciousness, as described in the ancient meditative traditions of India
- Increases in brainwave coherence in research subjects near a coherence-creating group
- Effects of Transcendental Meditation (TM) practice on heart health in the context of a holistic “[unifying systems-medicine model](#)” that encompasses mind, body, environment, and consciousness
- Benefits of TM practice for mental health
- [Remarkable societal changes across the U.S.](#) from 2007 to 2010, when a peace-creating group at MIU was large enough to create measurable effects for the whole country
- Molecular changes that take place during TM practice, as well as in non-meditating subjects near a large peace-creating group
- Striking crime-reduction effects of a [national demonstration project](#) in Washington, DC

“I am so glad that you have been able to put numbers and figures and all the scientific language to this knowledge,” Sri Madhusudan Sai said. “This is the way to go, because to make people understand that it works requires a lot of empirical evidence. And I’m very, very excited and very pleased to see that you’re already doing that, and I’m going to take all this back to India, where it originally started. Congratulations for this.”

*Written by Craig Pearson and Gerry Geer  
Photographs by Ken West*